



# SOUTH DAKOTA - USAPL STATE RECORD APPLICATION FORM

**Send to:**  
Thomas P. Montoya - USAPL  
*records*  
5383 Conifer Lane  
Rapid City, SD 57702  
Or, e-mail (\*.pdf format) to:  
[sd\\_usapl\\_records@yahoo.com](mailto:sd_usapl_records@yahoo.com)

Name \_\_\_\_\_ USAPL # \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone ( \_\_\_\_\_ ) \_\_\_\_\_ E-mail Address \_\_\_\_\_

Birth Date \_\_\_\_\_ Age on Record date \_\_\_\_\_

Weight Class \_\_\_\_\_ ( kg ) Body Weight \_\_\_\_\_ ( kg )

Name of Meet \_\_\_\_\_

Location (City, State) \_\_\_\_\_

Meet Date \_\_\_\_\_ (web page, if known) \_\_\_\_\_

Meet Director (printed) \_\_\_\_\_

Meet Director contact info (e-mail/telephone) \_\_\_\_\_

Enter **record lift applications** (do NOT enter non-record lifts). See explanations below.

\_\_\_\_\_ **Full powerlifting** (competed and completed all three lifts- squat, bench press, & deadlift)

Lift	Amount (kg)	Amount (lbs)	Equipped / Raw
Squat			
Bench			
Deadlift			
Total			

\_\_\_\_\_ **Bench press only competition**

Lift	Amount (kg)	Amount (lbs)	Equipped / Raw
Bench			

Sex: \_\_\_\_\_ Male \_\_\_\_\_ Female

- Divisions\***  Open  Youth 1 (8-9)  Youth 2 (10-11)  Youth 3 (12-13)  Teen 1 (14-15)  
 Teen 2 (16-17)  Teen 3 (18-19)  Junior (20-23)  Masters 1A (40-44)  
 Masters 1B (45-49)  Masters 2A (50-54)  Masters 2B (55-59)  Masters 3A (60-64)  
 Masters 3B (65-69)  Masters 4A (70-74)  Masters 4B (75-79)  Masters 5 (80+)

\* Must have registered for meet in all divisions in which record is being claimed (e.g., can not claim an Open record if only registered in Masters division).

### IMPORTANT NOTICE

To set a South Dakota (SD) state USAPL record, you must be registered with the USAPL as a SD resident. In all cases, a SD state record application form is required to notify the records chair. Records set at sanctioned USAPL, NAPF, or IPF competitions will be accepted automatically once results are posted to <http://www.usapowerlifting.com/>. SD USAPL records may not be set at non-sanctioned meets or meets held by or under other federations or organizations.